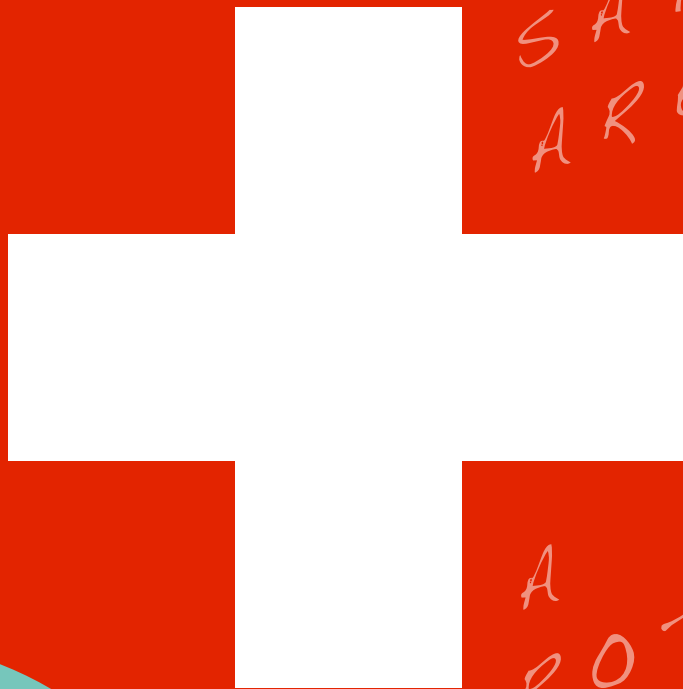


# WISE WOMEN



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**KERNOW FEST  
SUNDAY 26  
MAY  
HEARTLANDS  
POOL**

For centuries women held the knowledge about healing and medicine in Cornwall and Scilly. Come and find out about old Cornish cures and treatments. Historical fun for everyone!

[www.elizabethtreffrycollection.org](http://www.elizabethtreffrycollection.org)

Follow your nose... upstairs in the Chi an Bobel 12-4.30pm:

- \* Create your own charm
- \* Smell and handle ingredients and implements
- \* Lady of the Manor and her servants' ailments
- \* Medieval housewife and nature's medicine cupboard
- \* Meet the "Pellar of Pool"
- \* Bring family recipes and old wives' tales
- \* Write in the History 51 Cornish Remedy Book



Women in Cornwall  
and the Isles of Scilly

*No prescriptions! Filming will take place during the demonstrations.*



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